



What your Denturist
needs you to know:

Is it Time to Visit a Denturist?

When properly fitted and cared for, dentures enhance your appearance and can be worn with confidence, as you enjoy your favourite activities. It is important to remember, that even with proper cleaning and care, the average lifespan of dentures is about five to seven years.

The following quiz is designed to help you determine whether you currently need the services of a Denturist. If you answer True to *any* one of these statements, see your Denturist, your Denture Specialist.

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| 1. My dentures move when I eat or speak. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 2. My dentures cause recurring sore spots. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 3. My dentures are over five years old. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 4. My denture teeth are worn down and flattened from wear. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 5. I have to be careful of what I eat, because I have difficulty chewing. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 6. I have persistent splitting at the corners of my mouth. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 7. My lower jaw is sticking out further than it used to. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 8. After a meal, I notice ringing in my ears and/or have discomfort in my jaw joint. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 9. My dentures keep breaking. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 10. My teeth no longer show when I smile. | True <input type="checkbox"/> | False <input type="checkbox"/> |
| 11. My lips are not as full as they used to be, making me look older | True <input type="checkbox"/> | False <input type="checkbox"/> |

Your Denturist can offer information and solutions to these problems. For help with finding a Denturist visit www.denturists-cdo.com or call 416-925-6331 (toll free 1-888-236-4326).